

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Januarius Bart

Coaches: Iannino David HEADCOACH

Coaches: Leemans Mats

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN			Heat:7, starttime: 09:10
Heat: 7/7 Lane : 5 Athlete: THIÉBAUT NOAH			Q-time: 00:55:75
PB (50m pool): 00:55.75 Antwerpen 27/04/2025			PB (25m pool): 00:57.14 SB: 00:56.99 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.84	00:55.75	
	00:25.84	00:29.91	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN			Heat:7, starttime: 09:22
Heat: 7/8 Lane : 1 Athlete: NAZARUK NICOLE			Q-time: 01:05:87
PB (50m pool): 01:05.87 Antwerp 09/02/2025			PB (25m pool): 01:03.60 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.25	01:05.87	
	00:30.25	00:35.62	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN			Heat:3, starttime: 10:05
Heat: 3/9 Lane : 6 Athlete: MEERT VINCE			Q-time: 01:11:16
PB (50m pool): 01:11.16 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:09.18 SB: 01:12.02 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M	
PB	00:33.29	01:11.16	
	00:33.29	00:37.87	
			

Coach feedback:

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Event number: 5: 100M BREASTSTROKE MEN			Heat:7, starttime: 10:12
Heat: 7/9 Lane : 3 Athlete: VAN GROENIGEN KARSTEN			Q-time: 01:03:40
PB (50m pool): 01:03.40 Antwerpen 22/03/2026			PB (25m pool): 01:02.30 SB: 01:03.40 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.62	01:03.40	
	00:29.62	00:33.78	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN			Heat:7, starttime: 10:12
Heat: 7/9 Lane : 8 Athlete: CLEYMANS KARSTEN			Q-time: 01:07:04
PB (50m pool): 01:07.04 Antwerpen 27/04/2025			PB (25m pool): 01:05.22 SB: 01:07.71 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.71	01:07.04	
	00:30.71	00:36.33	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN			Heat:8, starttime: 10:14
Heat: 8/9 Lane : 2 Athlete: CLEYMANS TORBEN			Q-time: 01:04:94
PB (50m pool): 01:04.94 Antwerp 09/02/2025			PB (25m pool): 01:02.17 SB: 01:05.17 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:29.47	01:04.94	
	00:29.47	00:35.47	
			

Coach feedback:

Event number: 9: 50M FREESTYLE MEN			Heat:8, starttime: 11:03
Heat: 8/12 Lane : 4 Athlete: THIÉBAUT NOAH			Q-time: 00:24:26
PB (50m pool): 00:24.26 Antwerpen 22/03/2026			PB (25m pool): 00:23.70 SB: 00:24.26 Antwerpen 22/03/2026
	5 0 M		
PB	00:24.26		
	00:24.26		
			

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN		Heat:8, starttime: 11:20
Heat: 8/8 Lane : 2 Athlete: NAZARUK NICOLE		Q-time: 00:30:35
PB (50m pool): 00:30.35 Antwerpen 27/04/2025		PB (25m pool): 00:29.49 SB: 00:31.06 Antwerpen 22/03/2026
	5 0 M	
PB	00:30.35	
	00:30.35	
		

Coach feedback: